[Red Quinoa and Black Bean Salad](http://www.tastebook.com/recipes/1678481-Red-Quinoa-and-Black-Bean-Salad)

1 cup red quinoa

2 cups water

4 teaspoons fresh lime juice, or more to taste

¼ teaspoon ground cumin

¼ teaspoon ground coriander

1 tablespoon finely chopped fresh cilantro

2 tablespoons minced scallions

1½ cups cooked black beans (one 15 oz can)

2 cups diced tomatoes (one 24 oz can, drained and diced)

1 cup diced red bell pepper

2 teaspoons minced fresh (or canned) green chilies

salt and black pepper to taste

Add red quinoa to 2 cups of water. Cover and simmer about 10-15 minutes, until all the water is absorbed. Set aside to cool.   Combine lime juice, cumin, coriander, cilantro, scallions, beans, tomatoes, bell peppers, and chilies. Add cooled quinoa, salt and pepper to taste.

Makes 6 servings

Each serving contains - Calories 205, Fat 2g, Carbs 40g, Protein 9g, Fiber 8g